

# Mediterranéa Restaurant in Stirling

## Starters /Meze /Tapas

- Mix olives:** Marinated olives with garlic, chilli and oregano £4.95
- Hummus bi tahina:** Middle Eastern/Arabic dip of chickpeas blended with tahini, olive oil, lemon and garlic served with pita £5.50
- Tzatziki:** Greek yoghurt and cucumber dip flavoured with mint served with pita £5.50
- Baba ghanoush:** Levantine dish of smoked scented aubergines dip blended with lemon, tahini and a hint of fresh garlic, served with pita bread £5.95
- Patatas Bravas:** Chunks of deep fried potatoes with a spicy sauce and drizzled in ali oli £5.50
- Greek salad:** Tomato, cucumber salad with feta, olives, onions and peppers £5.95
- Lamb Kibbeh:** Levantine cracked wheat fritters stuffed with lamb mince £6.50
- Tabbouleh:** Levantine salad of parsley and cracked wheat with finely chopped tomatoes, cucumbers, onions, and topped with lemon and mint £5.50
- Halloumi:** Cypriot semi-hard goat and sheep cheese grilled until tender, and served on a bed of salad leaves, drizzled with mint and lemon vinaigrette £5.95
- Spanakopita:** Spinach, leeks and feta parcels wrapped in a crispy filo pastry £5.95
- Croquetas de Chorizo:** Chorizo and Manchego cheese in bread crumbs £6.50
- Croquetas de Jamon:** Spanish creamy bechamel Serrano ham and Manchego cheese croquets coated in bread crumbs £6.50
- Falafel:** Middle Eastern ground chickpea fritters with pickles and tahini £5.95
- Gambas al ajillo:** Prawns sautéed in garlic and chilly oil served with pita £6.50
- Mediterranean lamb chops:** Grilled lamb chops bathed in Greek herbs and lemon, served with tzatziki £6.95

## Main Courses

- Greek Gyros:** Crispy pork shavings roasted on a vertical spit and served with pita, tomatoes, onions, tzatziki and home cut chips £12.95
- Shish Taouk:** Lebanese grilled chicken skewers seasoned with garlic, char grilled and served with tabbouleh salad, pita bread and garlic sauce £12.95
- Falafel:** Middle Eastern ground chickpea and fava beans fritters served with pita bread, salad, pickled vegetables and drizzled with a tahini based sauce £10.95
- Mousaka:** Oven backed dish consisting of layers of potatoes, aubergines, with lamb mince and topped with béchamel. Served with salad £11.95
- Seafood Paella:** Traditional Valencian seafood dish consisting of prawns, mussels and squid, cooked along with Arborio rice, sautéed garlic, peppers and fresh tomatoes with a sprinkle of saffron £14.95

### *Chef Selection Meze Meal* (minimum 2 persons)£15.50 per person

Dishes to include:

*pita bread, hummus, baba ghanoush, marinated olives, croquetas de jamon, Kofte (Lebanese lamb mince patties), Cypriot halloumi cheese pan grilled, falafel fritters, ..... followed by Gyros and chips (VEG option)*

**Side orders: Home cut chips: £3.95 Pita Bread: £2.75**

Mediterranea Restaurant  
4 Viewfield Place FK8 1NQ  
01786 478 534  
mediterranearestaurant.co.uk

Find us on Facebook to see  
upcoming events at  
Mediterranea