

Mediterranéa Restaurant in Stirling

Starters /Meze /Tapas

- Mix olives:** Marinated olives with garlic, chilli and oregano £4.25
- Hummus bi tahina:** Middle Eastern/Arabic dip of chickpeas blended with tahini, olive oil, lemon and garlic served with pita and vegetables £4.95
- Tzatziki:** Greek yoghurt and cucumber dip flavoured with mint served with pita and vegetables £4.95
- Baba ganoush:** Levantine dish of smoked scented aubergines dip blended with lemon, tahini and a hint of fresh garlic, served with pita bread £5.25
- Jamon y queso:** Cured Serrano ham, Manchego cheese and marinated olives £5.25
- Greek salad:** Tomato, cucumber salad with feta, olives, onions and peppers £5.25
- Tabbouleh:** Levantine salad of parsley and cracked wheat with finely chopped tomatoes, cucumbers, onions, and topped with lemon and mint £4.75
- Halloumi:** Cypriot semi-hard goat and sheep cheese grilled until tender, and served on a bed of salad leaves, drizzled with mint and lemon vinaigrette £5.25
- Lountza halloumi:** Cypriot smoked pork loin with halloumi cheese pan grilled and topped with balsamic glaze £5.50
- Fallafel:** Traditional Middle Eastern ground chickpeas fritters served with pickles and a tahini based sauce £4.95
- Chorizo:** Spanish spicy pork and paprika sausages cooked on the grill £5.50
- Gambas al ajillo:** Prawns sautéed in garlic and chilly oil served with crispy bread £5.95
- Mediterranean lamb chops:** Grilled lamb chops bathed in Greek herbs and lemon, served with tzatziki £5.95

Main Courses

- Greek Gyros:** Crispy pork shavings roasted on a vertical spit and served with pita, tomatoes, onions, tzatziki and home cut chips £11.95
- Shish Taouk:** Lebanese grilled chicken skewers with mushrooms, generously seasoned with garlic, char grilled and served with tabbouleh salad, pita bread and garlic sauce £11.95
- Falafel:** Middle Eastern ground chickpea and fava beans fritters served with pita bread, salad, pickled vegetables and drizzled with a tahini based sauce £9.95
- Mousaka:** Oven backed dish consisting of layers of potatoes, aubergines, with lamb mince and topped with béchamel £11.95
- Seafood Paella:** Traditional coastal Valencian seafood dish consisting of prawns, mussels and squid, cooked along with Arborio rice and sautéed garlic, peppers and fresh tomatoes with a sprinkle of saffron £13.95

Chef Selection Meze Meal (minimum 2 persons) £15.50 per person

Dishes to include:

pita bread, hummus, baba ganoush, marinated olives, falafel, chorizo, keftedes (Greek beef meatballs), Cypriot halloumi cheese pan grilled, followed by Gyros and chips - Vegetarian option available

Side orders: Home cut chips: £3.50 Pita Bread: £2.50

Mediterranea Restaurant
4 Viewfield Place FK8 1NQ
01786 478 534
mediterranearestaurant.co.uk

Find us on Facebook to see
upcoming events at
Mediterranea